

Madison Pool Swimming Lessons 2020

Name: _____

Parent's Name: _____

Telephone #: _____

Level: _____ Paid

(Check one of the following options)

Lessons are Monday through Thursday. If lessons are canceled due to weather, Friday is the scheduled makeup day.

Option 1: June 8th – 11th (1 Week)

- Level 1 ONLY: 9:45 a.m.– 10:45 a.m.
- Levels 2-6: 9:45 a.m.-12:00 p.m.

Option 2: June 8th – 11th (1 Week)

- Level 1 ONLY: 12:45 p.m.– 1:45 p.m.
- Levels 2-6: 12:45 p.m.-3:00 p.m.

Option 3: Private Lessons

- Call the swimming pool for more information

To register, please call, 320-598-3766, or visit the swimming pool office Wednesday-Friday from 1:00 p.m. - 6:00 p.m.

Registered By: _____

Lifeguard signature

Date

CLASSES OFFERED:

Level 1: Introduction to Water Skills - (Cost \$25) - The objective of this class is to help young students feel comfortable in the water and to safely enjoy the water. The primary aquatic skills of dunking, floating, and water safety will be focused upon in order to mold youngsters into better swimmers. This class will also help to eliminate some of the fear associated with the water by playing games and practicing exercises.

Level 2: Fundamental Aquatic Skills - (Cost \$30) - The objective of this class is to learn the fundamentals of swimming. Floating on front and back as well as support are the main aspects. The skill of water locomotion will also be developed through creative measures. Students must have passed Introduction to Water Skills in order to be eligible.

Level 3: Stroke Development - (Cost \$30) - This class builds on the skills learned in Primary Skills while learning the front crawl, back crawl, backstroke, and treading water. Students will also learn the rules for safe diving and will begin to dive from the side of the pool. Students entering this class must have passed Fundamental Aquatic Skills.

Level 4: Stroke Improvement - (Cost \$30) - This class emphasizes the strokes learned previously while improving on all of the strokes. Students will be required to swim farther distances, which will increase their stamina in the water. The breaststroke and sidestroke will also be introduced to produce a more rounded swimmer. Students must have passed Stroke Development in order to enroll.

Level 5: Stroke Refinement - (Cost \$30) - Students will learn coordination and refinement of key strokes while learning the butterfly, turns, and surface dives. This course also focuses on distance swimming and stamina. Students must have passed Stroke Improvement before enrolling.

Level 6: Swimming and Skill Proficiency - (Cost \$30) - This class focuses on adding power and smoothness to the strokes already known. This enables students to swim with greater ease and more comfortably while swimming distances and sprints. More turns-at-the-wall will be introduced as well as more surface dives. This class will also offer the essential skills needed to prepare for lifeguard training. Students must have passed Stroke Refinement to enroll.

Parent/Child – (TBA) – (Cost \$25) This class is designed to help young children become more comfortable around the water as well as to help parents learn how to be better swimming assistants. Parents are required to get in the water with their child. **The class is one week long. There are two levels. See pool staff for more information.**

Please SIGN-UP for lessons by returning the “Registration Form” on the reverse side to the Madison Swimming Pool. You may also sign up for lessons by calling the Madison Swimming Pool at (320) 598-3766.

Private Lessons – (cost \$50)

The Water Safety Instructors at the Madison Swimming Pool will also be available for private swimming lessons. This is an excellent opportunity for anyone who wants to take lessons during more convenient times. Please contact the Madison Pool (320) 598-3766 for more information or to schedule your private lesson.



CITY OF
MADISON

■ 404 6th Avenue
■ www.ci.madison.mn.us

■ Madison, Minnesota 56256

■ (320) 598-7373 Office
■ (320) 598-7376 Fax

**Assumption of the Risk and Waiver of Liability
Relating to Coronavirus/COVID-19- Swimming Lessons**

The novel coronavirus, COVID-19, has been declared a worldwide pandemic by the World Health Organization. COVID-19 is extremely contagious and is believed to spread mainly from person-to-person contact. As a result, federal, state, and local governments and federal and state health agencies recommend social distancing and have, in many locations, prohibited the congregation of groups of people. The **CITY OF MADISON** has put in place preventative measures and procedures to reduce the spread of COVID-19; however, the CITY cannot guarantee that you or your child(ren) will not become infected with COVID-19. Further, participating in swimming lessons and relative activities could increase your risk and your child(ren)'s risk of contracting COVID-19.

By signing this agreement, I acknowledge the contagious nature of COVID-19 and voluntarily assume the risk that my child(ren) and I may be exposed to or infected by COVID-19 by participating in swimming lessons and related activities and that such exposure or infection may result in personal injury, illness, permanent disability, and death. I understand that the risk of becoming exposed to or infected by COVID-19 while participating in swimming lessons, and relative activities, may result from the actions, omissions, or negligence of myself and others, including, but not limited to, CITY employees, volunteers, and program participants and their families.

I voluntarily agree to assume all of the foregoing risks and accept sole responsibility for any injury to my child(ren) or myself (including, but not limited to, personal injury, disability, and death), illness, damage, loss, claim, liability, or expense, of any kind, that I or my child(ren) may experience or incur in connection with my child(ren)'s participation in swimming lessons at the Madison City Pool ("Claims"). On my behalf, and on behalf of my children, I hereby release, covenant not to sue, discharge, and hold harmless the CITY, its employees, agents, and representatives, of and from the Claims, including all liabilities, claims, actions, damages, costs or expenses of any kind arising out of or relating thereto. I understand and agree that this release includes any Claims based on the actions, omissions, or negligence of the CITY, its employees, agents, and representatives, whether a COVID-19 infection occurs before, during, or after participation in swimming lessons.

Name of Participant(s): _____

Dated: _____

Signature of Parent/Guardian

An equal opportunity employer and service provider.